

Brook

Young People - Barriers to accessing abortion



Brook - Our core values

- Putting Young People first
- Confidentiality for Young People
- A positive view of sexuality
- Freedom of choice
- Availability of free contraception
- **Availability of legal and safe abortion**
- Respect for diversity



Brook expertise

- Leading sexual health organisation
- Over 40 years experience
- Core values and ethos
- Participation of Young People
- Research
- Training
- Consultation



Barriers to access – Young People's experiences

- Lack of knowledge
- Lack of support to make a decision
- Friends and family
- Fear of lack of confidentiality
- Not registered with a GP

Barriers to access

- Conscientious objectors
- GP judgement
- GP/fpc delay
- HSA 1 – signatures
- Differing provision across England
- Complex referral pathways
- Clinic requirements
- Availability of beds (later gestations)

Improving access

- Education and information
- Non judgemental support
- Counselling
- Training to professionals
- Signatures
- Abortion on demand with counselling
- EMA home use

Resources

- Pregnancy decision making
- Abortion information
- Referral pathways
- Support young people to speak up
- Challenge inappropriate discrimination
- Support colleagues to understand

Useful information sources

- Brook www.brook.org.uk
- Education for Choice www.efc.org.uk
- Family Planning Association www.fpa.org.uk
- British Medical Association www.bma.org.uk
- DH Guidelines www.dh.gov.uk
- Nice Guidelines www.nice.org.uk

Thank you

Contact details

Martha Bishop

421 Highgate Studio

53 – 79, Highgate Road,

London NW5 1TL

Tel. 020 7284 6052

MarthaB@brookcentres.org.uk

